

## Fact sheet

# Staying safe

### Why is it important to stay safe online?

It can help you avoid being a victim of online crime.

Learning about some of the unsafe things that can happen, and what we can do about them, will help us to look out for ourselves, family and friends.



### What can happen if I'm not safe online?

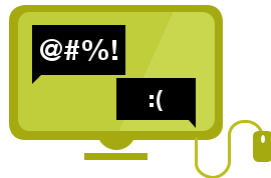
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#### ★ Cyberbullying

Some people use the internet to bully others.

Cyberbullying hurts people.

In some cases it can lead to criminal charges.



How to report

Block and report the bully.

Keep proof of the bullying and report this material to the social media service.

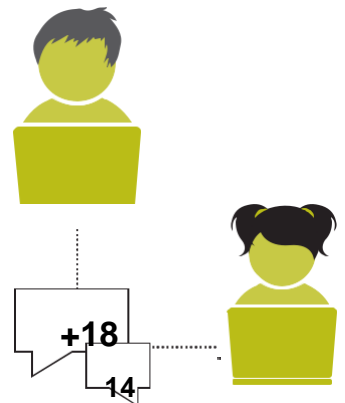
Within 48 hours, if the content is not removed, report it to the Office of the .....

#### ★ Unwanted contact

Not everyone online is who they say they are.

It's important that you know who your children are talking to online.

Sometimes adults may pretend to be someone they're not to try and create a relationship with a child online. This is called "grooming".



#### How to report

You might need to get the police involved.

If you believe a child is in immediate danger call the police on 999.

Reports can also be made via the .....



## ★ Sharing personal sexual content

Sometimes young people create naked or semi-naked photos or videos, and share them with others. This can have serious consequences for those involved and can even lead to criminal charges.



### How to report

If you become aware that this behaviour is happening report it to your child's school/organisation and/or local police.

## ★ Inappropriate or unsafe content

Some content on the internet may be illegal, upsetting or unsuitable for some age groups. Inappropriate or unsafe content might include:



- pornography
- violence
- extremist behaviour
- sites that encourage criminal and anti-social behaviour
- offensive content such as text, photos or videos on social media
- chatrooms or blogs that encourage racism or hate.



### How to report

Offensive and illegal content complaints should be made to the UK Council for internet safety at [www.gov.uk](http://www.gov.uk) for investigation.

Online radicalisation and extremist material can be reported to [www.gov.uk/report-terrorism](http://www.gov.uk/report-terrorism)  
[www.familylives.org.uk/advice](http://www.familylives.org.uk/advice)

## Top tips for staying safe online

- Only talk to people on the internet you know and trust, and never meet someone in person you've only 'met' online.
- Think before you post something on the internet about another person.
- Have respectful relationships.
- Learn how to block and report on the sites you and your children use.
- Have a list of health and wellbeing services for your children to access for further support.